



Nonviolent Communication for Parents

with Roberta Wall

Friday, March 26 from 2 – 5 p.m.
at Berkshire South Regional Community Center
Great Barrington, MA 01230

What is our true purpose as parents? With Nonviolent Communication (NVC), developed by Dr. Marshall Rosenberg, we learn to model and teach younger children that their needs matter and, as children grow, we help them learn how to ask for what they need in ways that are not at the expense of their well being or their connection with others, or at the expense of other people's needs.

The NVC parenting model is Life Enriching and Life Affirming as opposed to the model that is either permissive or based on domination. This means that with NVC we identify and value what is important to everyone in the family, and learn skills, consciousness and ways of expression which reflect this value. This builds trust and communication, and creates the possibility for parenting that reflects the values of compassion and honesty.

In this workshop we will learn an alternative to getting down on yourself when you are less than “the perfect parent” and communication skills and consciousness to use in the family that offer the peace, connection, communication and respect you want for the world.

Location:

Berkshire South Regional Community Center
15 Crissey Road in Great Barrington, Ma. 01230
for directions www.berkshiresouth.org

Registration:

To pre-register or to find out more information,
contact Nancy at leenan@adelphia.net

Contribution: sliding scale \$25 - \$50

Find more information about workshops with
Roberta Wall at www.steps2peace.com

Roberta Wall is a lawyer,
mediator, trainer, mindfulness
practitioner and coach. She travels
the world coaching couples,
individuals and organizations and
facilitating workshops and retreats
in Empathic and Nonviolent
Communication (NVC) as
developed by
Dr. Marshall Rosenberg.