

Steps to Peace and Brooklyn Nonviolent Communication are pleased to offer:



Creating a Sustainable Future Nonviolent Communication & Social Change

Friday Night Nov.9th and SATURDAY Nov.10th, Kingston, NY

The dominant paradigm we're currently living in makes assumptions most of us consciously and unconsciously embrace—beliefs in scarcity, isolation, and the "naturalness" of hierarchy: punishment and reward, power-over ("might makes right"), and moral judgment (some are deserving, others not). Such thinking informs every aspect of our lives--from education and family life to our economic, political, and social "justice" system.

Acting on the Gandhian principle of "being the change we wish to see in the world," in this interactive workshop you'll learn practical steps to transform domination culture, fostering a society of collaboration where the needs of all life are held with compassion and care. Topics will include:

- *How the dominant culture functions, impacting choices we make everyday
- *A "third-way" of social change, fully empowered by our values
- *How to talk about "hot" political issues across political "divides" in an effective, powerful, and connecting way

Who will this workshop interest? Anyone who wants to:

- *Create meaningful and lasting change in the world
- *Foster a culture where the needs of all beings matter and are held with care
- *Develop practical skills to "be the change"---bridging global vision with local action
- *Stay self-connected during challenging political conversations and activist work

What is Nonviolent Communication (NVC)? Developed by Marshall Rosenberg, PhD, and based on Gandhian principles and the work of humanist psychologist Carl Rogers, NVC offers practical skills to foster authenticity, collaboration and shared power. Learn more at BrooklynNVC.org, Steps2peace.com, or CNVC.org.

WHEN: Friday, November 9th 6:30-9:30pm (Facilitated by Roberta Wall)

Saturday, November 10th 10am-5pm (Facilitated by Dian Killian)

WHERE: Unitarian Universalist Congregation, 320 Sawkill Road, Kingston, NY

SLIDING SCALE: \$135-\$185 for both days; \$115-\$185 Saturday only*

(Some scholarship and/or work exchange available; contact in advance info@BrooklynNVC.org to learn more)

CATERED LUNCH (Saturday): Available for an additional \$10

ACCOMODATION: Contact infor@BrooklynNVC.org for local hotels, B&Bs, and hosted accommodation

*NOTE: To support continuity, learning, and connection (especially in you're new to NVC), we'd love for you to attend both days.

FACILITATORS:

Dian Killian, PhD, is a CNVC Certified Trainer (www.CNVC.org), director and founder of Brooklyn Nonviolent Communication (www.BrooklynNVC.org), and co-author of *Connecting across Differences: A Guide to Compassionate, Nonviolent Communication*. She has more than twenty years experience in social change, including in labor, anti-war, and LGBT rights and is a member of the Religious Society of Friends (Quakers). She currently is at work on a graphic novel, *Urban Empathy: True Life Adventures of Compassion on the Streets of NY*.

Roberta Wall, Esq., teaches Compassionate Communication and Mindfulness in the Hudson Valley and around the world. She has thirty or so years of experience as a labor organizer, civil rights lawyer, peace and women's activist. She is a member of the Buddhist Peace Fellowship, the Woodstock Jewish Congregation and Thich Nhat Hanh's Order of Interbeing.

FOR MORE INFORMATION, contact: info@steps2peace.com or 845 246 5935

REGISTER ON LINE at www.BrooklynNVC.org OR BY PHONE at 718.773-3742