

# Raising Children Compassionately

**Nonviolent Communication for Parents**

**with Roberta Wall**

**Sunday May 23rd 2:30-5:30**

What is our true purpose as parents?

NVC helps connect us with what is alive in ourselves and in others moment-to-moment, with what we or others could do to make life more wonderful, and with an awareness of what gets in the way of natural giving and receiving. Imagine connecting with the human spirit, in each person, in any situation. Imagine interacting with others in a way that allows everyone's needs to be equally valued. Imagine creating relationships, communities and organizations that are life-serving and life-enriching.

What is our true purpose as parents? With Nonviolent Communication (NVC), developed by Dr. Marshall Rosenberg, we learn to model and teach younger children that their needs matter and, as children grow, we help them learn how to ask for what they need in ways that are not at the expense of their wellbeing or their connection with others, or at the expense of other people's needs.

The NVC parenting model is Life Enriching and Life Affirming as opposed to the model that is either permissive or based on domination. This means that with NVC we identify and value what is important to everyone in the family, and learn skills, consciousness and ways of expression which reflect this value. This builds connection, trust and communication, and creates the possibility for parenting that reflects the values of both compassion and honesty. The NVC parenting model is effective for bringing more joy, ease and harmony to the family.

**Contribution: Before May 15 th: sliding scale- \$45 -\$100**

**After May 15th :sliding scale \$60-\$100**

**For More Details [steps2peace.com](http://steps2peace.com)**

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